

# KATIE MATTHEWS

FSA, MAAA

Consulting Actuary

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## Current Responsibility

Katie Matthews is a consulting actuary with Milliman's Health Practice. She is located in Denver, Colorado, and joined the firm in 2013.

## Professional Work Experience

Katie has 10 years of experience as a consulting actuary in the healthcare industry. Much of this work includes pricing, rate filings, and return-on-investment (ROI) analyses, with a specific focus in the behavioral health space. Her recent work has included strategic consulting around and in the development of ACA rate filings in multiple states, ROI analysis of multiple care management and integration programs with varying care model structures, and with health plan issuers and employers in determining compliance under the Mental Health Parity and Addiction Equity Act (MHPAEA). Katie has completed substantial research regarding the impact of MHPAEA and opioid use disorder on utilization of healthcare services and other costs.

Katie has also worked with commercial insurers in developing strategic payment mechanisms that best fit insured populations, risk adjustment analysis, and MLR and year-end financial reporting.

She is also heavily involved with the development and maintenance of the Milliman Underwriting Guidelines.

## Professional Designations

- Fellow, Society of Actuaries
- Member, American Academy of Actuaries

## Education

- BS (Summa Cum Laude), Actuarial Science
- BA, Music, Business minor, Economics minor, Florida State University

## Presentations and Publications

- Economic costs of the opioid crisis for employers (co-author), August 2020.
- Financial sustainability of an integrated medical-behavioral primary care practice (co-author), June 2019.
- Opioid use disorder: Costs, utilization, and comorbidities (co-author), May 2019.
- Opioid use disorder in the United States: Diagnosed prevalence by payer, age, sex, and state (co-author), March 2018.
- Potential economic impact of integrated medical-behavioral healthcare: Updated projections for 2017 (co-author), February 2018.
- Impact of Mental Health Parity and Addiction Equity Act (co-author), November 2017.
- Nonquantitative treatment limitations in the spotlight (co-author), October 2017.
- Society of Actuaries Mental Health Parity and Addiction Equity Act – 2019 Update Webcast (presenter).
- American College of Preventive Medicine Prevention 2019 (presenter).
- Society of Actuaries 2018 Health Meeting (presenter).
- Society of Actuaries 2018 Annual Meeting (presenter).
- American Society of Addiction Medicine Conference 2018 (presenter).