

KATHRYN RAINS-MCNALLY

FSA, MAAA

Principal and Consulting Actuary

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Current Responsibility

Kathryn Rains-McNally is a principal and consulting actuary with the Seattle office of Milliman.

Professional Work Experience

Kathryn is an experienced actuary with 20 years of experience and a diverse background, having worked at both a health plan and a provider system, in addition to many years as a consulting actuary. Kathryn is well-versed in commercial rating and underwriting, Medicare Advantage bidding, and essentially all forms of provider/payer contracting.

Kathryn's areas of expertise include:

- Medicare Advantage bid development and ongoing Medicare Advantage support, including product feasibility and risk adjustment analyses
- Commercial rating and underwriting, including ACA rate filings and risk adjustment
- Payer and provider contracting – fee-for-service, direct-to-employer, capitation, commercial risk, Medicare Shared Savings Program and CMS Direct Contracting, Centers of Excellence, bundled payments, and other alternative payment arrangements
- Expertise in contract negotiation strategy, rate modeling, and helping providers understand risk and opportunity inherent in alternative payment arrangements

Professional Designations

- Fellow, Society of Actuaries
- Member, American Academy of Actuaries

Education

BA, Mathematics and Chemistry, Macalester College

Presentations and Publications

- Performance monitoring and growth support in MSSP and ACO REACH (Milliman White Paper, April 2022)
- Full disclosure: Price transparency for health plans (Milliman White Paper, September 2021)
- Understanding Medicare Disproportionate Share changes for FY 2014 (Milliman Research Report, March 2014)
- Evaluating Bundled Payment Contracting (Milliman Healthcare Reform Briefing Paper, December 2011)