

### John Rowland

ASA, EA, MAAA  
Associate Actuary



#### CURRENT RESPONSIBILITY

John Rowland is an actuary with the Portland office of Milliman. He joined the firm in 2012.

#### EXPERIENCE

John's experience is in employee benefits, working for multiemployer and corporate clients with defined benefit and retiree medical plans. He has provided service to clients in the following areas:

- Defined benefit valuations
- Retiree medical valuations
- Pension Protection Act funding projections
- Rehabilitation and funding improvement plans
- Government filings
- Nondiscrimination testing
- Experience studies
- Withdrawal liability
- Plan design studies
- Benefit calculations

#### PROFESSIONAL DESIGNATIONS

- Associate, Society of Actuaries
- Member, American Academy of Actuaries
- Enrolled Actuary under ERISA

#### EDUCATION

BS (*magna cum laude*), Economics and Accounting, University of Oregon

