

# MARYELLEN VARGAS

FSA, MAAA

Senior Consulting Actuary

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## Current Responsibility

Maryellen Vargas is a senior consulting actuary with the Chicago office of Milliman. She joined the firm in 2020.

## Professional Work Experience

Maryellen has over 10 years of experience consulting to various entities in the healthcare system. Her primary areas of expertise include employer group benefits and stop-loss pricing and strategy. Maryellen supports employer groups across all lines of coverage, including health plan pricing and budgeting, reserving, plan design analysis, contribution strategies, and vendor management. Maryellen also supports employers in evaluating stop-loss coverage, including self-funded and captive arrangements.

Additionally, Maryellen provides support to state Medicaid plans, commercial plans, and pharmacy benefit managers (PBMs).

Prior to joining Milliman, Maryellen spent nearly seven years as a consultant at a global benefits consulting firm.

## Professional Designations

- Fellow, Society of Actuaries
- Member, American Academy of Actuaries

## Education

BA, International Studies and Spanish, Northwestern University

## Presentations and Publications

- Premise Health: Independent review of ROI methodology, May 2023.
- Understanding the evolution of reference-based pricing and considerations for employers evaluating the approach. February 2021.