

A unique and holistic approach to Health Risk Assessment

# Milliman **RapidHRA™**

Your first step towards better employee wellbeing



As a leading brand in healthcare consulting, Milliman has developed RapidHRA™, a powerful tool for employers to help identify workforce related health risks. RapidHRA™ is a flexible, secure, cloud-based solution that enables employees to self-monitor their health and wellness while providing employers with critical clinically valid evidence-based data to mitigate health risks. By highlighting focus areas, RapidHRA™ allows HR teams to better plan Health & Wellness initiatives, strategically improve overall workforce health, improve productivity and work with their health insurance eco-system to reduce risks and costs.

**Milliman RapidHRA™ goes beyond the scope of most health risk assessment tools by offering:**



A clinically valid and evidence-based solution



Covers a wide range of issues including employee physical and emotional health, lifestyle and safety



Analysis available at an individual and aggregate level with a high level of data security and multiple levels of admin access



Intuitive dashboards and reports



Response Rate



Complete

92%  
COMPLETED  
6%  
INCOMPLETE  
2%  
NOT STARTED

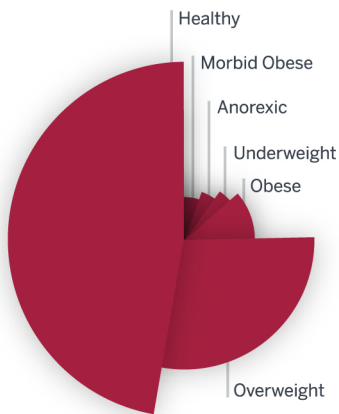
Device Types



Mobile

25%  
DESKTOP  
75%  
MOBILE

BMI



## Two modules to choose from

### RapidHRA™ Lite

A quick but effective version that covers basic needs

### RapidHRA™ ELite

A comprehensive version covering a wide range of parameters

- ✓ Cost-effective and easy to deploy and manage
- ✓ Can be implemented on short notice and low/no additional hardware requirements or costs
- ✓ Easily accessible on smartphone, tab and laptop
- ✓ Easy to manage, read and monitor intuitive dashboards and reports that allow you to dive deep into the data
- ✓ White label and option for brand customization
- ✓ A campaign management feature allowing broadcast and segmented wellness related communication
- ✓ Can be shared with controlled access to Insurers, brokers or healthcare service providers at your discretion
- ✓ Access to analysis by Milliman consultants

## RapidHRA™

### Do you have any of these conditions?

Please select all that apply

- No medical conditions
- Asthma
- Anxiety/stress/depression
- Back, joints or body pain



To arrange for a live or virtual demo  
please email [hra@milliman.com](mailto:hra@milliman.com) or call +91 124 4641 500



Milliman is among the world's largest providers of actuarial and related products and services. The firm has consulting practices in healthcare, property & casualty insurance, life insurance and financial services, and employee benefits. Founded in 1947, Milliman is an independent firm with offices in major cities around the globe.

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